



**UNIVERSITY OF MICHIGAN**  
**HEALTH-SPARROW**  
MICHIGAN MEDICINE

University of Michigan Health-Sparrow Lansing  
Community Health Improvement Plan  
FY 2025 – 2027

Approved by Hospital Leaders in April 2025.

Created by:

Office of Community Health Advancement & Patient Experience  
University of Michigan Health Regional Network  
[communityhealth@uofmhealth.org](mailto:communityhealth@uofmhealth.org)

## Hospital Information

University of Michigan Health-Sparrow Lansing is a nonprofit multispecialty medical provider located in downtown Lansing, Michigan. It is the only Level 1 Trauma Center in the area and Michigan's first certified Comprehensive Stroke Center. The Mother Baby Center welcomes around 4,000 babies each year, making it the premier birthing center in the region. Sparrow Lansing is also a major teaching hospital investing in and educating the next generation of healthcare professionals and leaders.

Our mission, vision and values reflect our legacy, shared purpose with University of Michigan Health, and stake a bold expectation of our future.

### Our Mission

To advance health to serve Michigan and the world.

### Our Vision

Our discoveries change care. Our care changes lives.

### Our Values

- Caring: We will treat everyone with dignity, kindness and respect, promoting the well-being of self and others.
- Innovation: We will promote a culture of creativity, flexibility and curiosity that inspires new ideas and ways of thinking, behaving and improving the world.
- Inclusion: We will foster an environment where every individual has a sense of belonging, a voice that is heard and the opportunity to achieve and thrive.
- Integrity: We will adhere to the highest ethical standard, demonstrating courage, truth and transparency in our words and actions.
- Teamwork: We will work together with a shared purpose rooted in equity and fairness where diversity is celebrated, respected and valued.

# Community Health Needs Assessment

The Affordable Care Act requires non-profit hospital systems to conduct a Community Health Needs Assessment (CHNA) every three years. This is followed by a Community Health Improvement Plan (CHIP) or action plan to address the identified health needs. These requirements ensure that health systems are investing in population health, while showing that efforts are community-driven and based on the most recent data.

A CHNA was conducted by Healthy! Capital Counties collaborative in 2024. This collaborative is made up of hospital systems and health departments within the tri-county area.

Hospital partners include:

- Eaton Rapids Medical Center
- McLaren Greater Lansing
- University of Michigan Health-Sparrow

Health Department partners include:

- Barry-Eaton District Health Department
- Ingham County Health Department
- Mid-Michigan District Health Department

This partnership was created to achieve greater improvements in health outcomes in the tri-county region by conducting a joint CHNA initiative alongside community partners. The Healthy! Capital Counties CHNA surveys Clinton, Eaton, and Ingham counties. This collaborative process includes data collection, analysis of health indicator data, conducting focus groups for communities experiencing inequities, conducting a provider survey, creating an asset inventory, and prioritization of health needs.

**To review the 2024 Healthy! Capital Counties CHNA:**

Scan the QR code or:

[Click here to access the 2024 CHNA](#)



## Identification Of Community Health Needs

The Healthy! Capital Counties collaborative had a steering committee that identified the top 8 health issues that were found through the data, focus group themes, and were feasible for the community partners to create positive impacts on the community. The steering committee was used to mitigate potential biases by using Strategy Grids and consensus building to determine the following 8 possible priority issues:

- Housing
- Healthcare Access
- Mental Health
- Substance Use
- Access to Healthy Foods
- Social Connection
- Safety
- Child Health

The steering committee determined two priority areas: Access to Care and Behavioral Health. The committee could not come to a consensus about the following two priority areas: Housing and Food Access, so they brought in a larger stakeholder group and community partners for a Data Party to determine a final vote. The following were selected as the final list of health priorities:

- Access to Care
- Behavioral Health
- Housing

## Addressing Priorities

These findings were presented to the UM Health-Sparrow Lansing executive leaders for review and approval. After careful consideration regarding the needs of the community and strategic deployment of resources to yield the greatest impact on health outcomes, UM Health-Sparrow Lansing will focus on the following health needs:

- Access to Care
- Behavioral Health
- Access to Healthy Food

## Determining Priorities, Strategies, and Outcomes

Upon the release of the 2024 Healthy! Capital Counties CHNA, top priorities and the corresponding data were reviewed and compared to internal hospital data. Stakeholders were brought in to identify key strategies to meet the needs identified in the 2024 report. Following stakeholder planning sessions, identified strategies were reviewed for feasibility and synthesized into a matrix and brought before stakeholders and leaders for final review and approval. The University of Michigan Health-Sparrow Lansing CHIP report was approved and adopted in April 2025.

## Access to Care

### Specific needs identified in the CHNA:

- In 2023, 4.9% of adults 18-64 years old in Ingham County had no health insurance. East Lansing City had 6.2% of adults, Lansing Charter Twp. Had 3.8% of adults, and Lansing City had 6.2% of adults without health insurance.
- Ingham County's primary care provider ratio and mental health provider ratio is lower than the state of Michigan and other surrounding counties (Eaton and Clinton).
- Ingham County had 866 residents per 1 primary care provider in 2021, which decreased compared to previous years of 952 residents per provider in 2019, and 873 residents per provider in 2020.
- "I tried to renew it and they said my income was too much. And I'm like ... I'm part time. That was kind of stressful. And it ended up actually leading me and my family to being homeless."
- "But we can't even get in the door because we just don't even have \$55 to cover the appointment copay."

## Behavioral Health

### Specific needs identified in the CHNA:

- In the 2023-2024 school year, 34.5% of high school students in Ingham County reported feelings of depression within the last year. This did decrease from 43.8% of high school students in the 2021-2022 school year.
- Ingham County had 10.3% of adults experiencing poor mental health for 14+ days out of the last 30 days in 2020-2022.
- During 2020-2022, 14% of adults in Ingham County were current smokers, or at least smoked 100 cigarettes in their lifetime. Of these individuals, 29.9% were Hispanic, compared to 14.6% White and 6.5% Black individuals.
- In Ingham County, 11.1% of adults currently vape in 2020-2022 which increased from 8.4% in 2017-2019. Of these 11.1% of individuals, 25.0% were Black, compared to 9.8% were White.
- Ingham County saw an age-adjusted rate of 28.1 drug poisoning/overdose deaths per 100,000 residents in 2022, which was higher compared to Michigan's rate of 18.2 deaths per 100,000 residents. This rate for Ingham County has been decreasing with 39.0 deaths per 100,000 residents in 2020, and 35.9 deaths per 100,000 residents in 2021.
- In 2023, Ingham County had a ratio of 200 residents per mental health provider, which had decreased from 240 residents per provider in 2021 and 210 residents per provider in 2022.
- "Sometimes people's biases will affect their [recovery] treatment - obviously it does. They think that mental health isn't as important."
- "Well, coming into the jail, about 65 to 70% are co-occurring disorders between mental health and substance abuse."

## Access to Healthy Food

### Specific needs identified in the CHNA:

- In 2019, Ingham County had 29.8% of its population that lives in a USDA-defined food desert. This increased from 22.2% in 2015.
- In the 2023-2024 school year, 23.0% of high school students in Ingham County ate 5 or more servings per day of fruits and vegetables during the past 7 days.
- In the 2023-2024 school year, 27.4% of Hispanic students and 18.1% of Black students in Ingham County were more likely to not eat breakfast during the past 7 days.
- "People [have to] choose between like any getting the cheaper meal versus the healthier meal"
- "They'll tell you about the food banks. And I was like, okay, even those things don't have grain for your gluten free things that really that makes my son sick."

## Other Needs Identified, Not Addressed

University of Michigan Health-Sparrow Lansing did not directly address housing which was another priority within the Healthy! Capital Counties CHNA.

## Monitoring of Implementation Strategy and Tracking of Outcomes

The Office of Community Health Advancement & Patient Experience will approve the strategies for implementation alongside hospital leadership. Further, each anticipated outcome has a mechanism for measurement. The implementation strategy that includes strategies and outcomes will be updated and distributed at the end of each year for the 2025-2027 cycle. Pending results, adjustments or changes will be made to strategies or anticipated outcomes as deemed appropriate.

# Implementation Strategy

University of Michigan Health-Sparrow Lansing

FY 2025-2027

Last updated April 24, 2026.

## Access to Medical Care:

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**Goal:**

Increase availability and accessibility to care for un/underinsured patients and vulnerable populations.

**Strategy:**

MDHHS staff enrolling patients in health insurance in the ED, PCP enrollment, and maternal infant health.

**Measurable Outcome:**

Number of patients enrolled and number of events.

## Updates:

No updates provided as of April 24, 2026.

## Behavioral Health:

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**Goal:**

Increase availability and accessibility of mental health services for Lansing and the greater capital area.

**Strategy:**

Expand availability of inpatient beds for adults and geriatrics and develop a business plan for inpatient pediatric behavioral health.

**Measurable Outcome:**

Number of increased patients served and appointments added.

## Updates:

**No updates provided as of April 24, 2026.**

## Access to Healthy food:

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**Goal:**

Increase availability and accessibility of fresh healthy foods in urban food deserts.

**Strategy:**

Maternal/child food insecurity.

**Measurable Outcome:**

Number of people served.

## Updates:

**Lost grant funding:**

Grant funding for full-scale food insecurity program was not re-funded. However, there are still some remaining funds.

**Referrals:**

Patients identified as food insecure by social work are given instapots and cookbooks. Patients are referred to local food banks.