

2025 GET THE SCOOP!

Get the scoop about MAC Camp!



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Welcome to MAC Camp!

We are excited that you have chosen the MAC for your child's summer adventure! Our goal is to provide an action-packed season filled with new experiences, as well as camper favorites from previous years.

Our dedicated camp counselors are here to support each camper in reaching their personal best this summer. They've been carefully selected to serve as positive role models, and one of their main objectives is to create an awesome summer filled with memorable experiences.

Please take the time to thoroughly review the Parent Handbook. It includes important camp rules and behavior expectations that should be discussed with your camper.

If you have any questions or need further information, please don't hesitate to contact the camp supervisor, Jennifer Gabriel, at <u>jgabriel@themac.org</u> or Kalani Davis, our returning head camp counselor, at <u>kdavis@themac.org</u>

MAC Camp Mission

At MAC Camp, we create a welcoming and safe environment where kids can express themselves and work together to make a meaningful impact each day! Our campers engage in a variety of exciting activities, unleashing their creativity and challenging themselves, all while building lasting friendships.

Our camp counselors will be their superheroes, teammates, and cheerleaders, committed to encouraging, supporting, and protecting every camper.

Together, we have the power to make a significant difference in the lives of others and the world around us!



Registration Information

Big MAC Camp is a weekly program that runs from June 9 – August 22, 2024. The week of June 30 is a 4-day camp week with no camp on Friday, July 4. All other camp weeks run Monday through Friday, 9 a.m. to 4 p.m.

If you need to make changes to your camp registration or to register for additional camp weeks, please call our concierge at 517-364-8800. Enrollments are subject to availability.

Important Information to Know Before Registration

Your MAC member account must be active and in good standing at the time of registration and throughout all camp sessions that you are registered for.

Cancellation Policy 2025

- There will be no refund or credit issued for cancellations received less than 30 days before the start of a camp session or for camper absences.
- Cancellations received 30 days or more before the start of the session will receive a credit of 50% on their MAC account.

*If you are making a switch from one camp week to another, and there are still spots available in your preferred week, there will be no penalty, and full payment will be moved to the new camp week.



Let's take a look at a typical day at MAC Camp

No matter what your child's interests are, whether it be sports, gym games, sun and fun at the pool, or arts and crafts, our camp program will engage them by providing a great mix of all the MAC offers. Campers will participate in activities and challenges that require teamwork and cooperation, helping kids develop communication skills, emotional intelligence, and leadership skills.

The regular camp day begins in the gym at 9 a.m. We'll have about 20 minutes of free play while campers are getting signed in. You'll see kids playing basketball, riding on scooters, practicing their hula hoop skills, or sitting on the steps talking with friends, both old and new. This may look like a bit of chaos to new campers and parents who are seeing camp for the first time, but free play is one of our campers' favorite activities. At drop-off time in the gym, there will be one or two camp counselors stationed at the check-in table to welcome you and your campers. On the gym floor, additional counselors will be actively interacting with the children, while some counselors will be designated to offer extra support for campers who may require additional companionship during drop-off time.

If your camper requires assistance getting settled or if you have any questions or important information to share, don't hesitate to let a counselor know. They will promptly connect with our camp supervisor or head camp counselor to ensure all your needs are met.

Once we have most of our campers checked in at about 9:20 a.m., we'll gather in a BIG circle to introduce our camp team, welcome new and returning campers, and have a group warm-up/stretch.

Campers will be grouped into smaller teams, mainly by age, while still allowing for some buddy or family requests! These smaller groups are super important because they make it easier to enjoy age-appropriate games, sports, and activities. It's also a great way to chat about the schedule, share directions, and get to know each other better while making new friends along the way! Each group will have a blast coming up with a fun team name for the week and setting a few friendly rules together.

Now the gym games begin, and we're ready to have a blast! Groups will pair up to take part in our favorite organized games like capture the flag, crab soccer, nukem, and so much more!

Once we've had our fill of exciting games, we'll head upstairs to the camp room for some hands-on crafting. We've got a wide range of supplies available, and one standout favorite is Perler beads. You can count on us to have plenty on hand! Get ready to unleash your creativity and make something amazing!!

We'll have different activities based on the theme of the week for campers to work on in the camp room.



Other groups may choose to head outside for sand volleyball, playground, 4 Square, or Gaga Ball.

LUNCH TIME

By now, our campers are getting hungry. Our **A** lunch time is 11:30 a.m. and includes our younger groups of campers. Then **B** lunch time is 12:30 p.m. for our older campers. Campers will eat together at the picnic tables under the pavilion, or in the camp room, depending on the week and the weather. Counselors will take their groups to the restroom to wash their hands before sitting down to eat. They'll make sure all campers have lunch and everything they need before joining them at the table.

After lunch, everyone cleans up the picnic area and gets swim-ready. Cleaning up after lunch is an important part of our daily responsibilities. Camp groups are responsible for cleaning up their areas, throwing away any trash, and organizing their bags to make sure all belongings are together. The incentive for getting it done quickly, as a team, is being the first group to get to the pool!

SWIM TIME

Camp groups will use the locker rooms or private changing rooms to get ready for swimming. Campers are responsible for keeping their belongings organized, including clothing, shoes, socks, sunscreen, goggles, and any other items they've taken out of their backpacks.

After changing, we move back to our group's designated area for sunscreen application, which is a very important process! Each camper needs to bring sunscreen every day, and camp counselors will assist with applying it. Older campers often get help applying sunscreen from friends, but all campers must be seen applying sunscreen so that counselors can ensure they are sun-safe.

Before we jump into the pool, we make sure everyone is wearing their special color-coded wristbands! On Monday, we'll ask all our campers who are swimmers and want to use the water slide to take a quick swim test. If our lifeguard gives the thumbs up, you'll earn a green wristband, letting everyone know you're ready for the slide!

For those who are still learning to swim, don't worry! You'll receive a yellow wristband. Our yellow wristband campers will hang out in the shallow area of the pool, where our friendly counselors will be right there to keep an eye on you. This is a great time to practice those swimming skills!

Remember, if you want to take the swim test again or missed it the first time, we'll have plenty of chances for you to give it another go on a different day.

Swim time will end at around 2 p.m. for our A group each day, and around 3:30 p.m. for our B group, but will depend on things like air temperature, other planned activities, and the number of campers wanting to be done ③



After campers have changed into dry clothes and packed all of their belongings (including a thorough check), they will check the locker room one last time to ensure they haven't missed anything and that all towels have been collected and placed in the designated dirty towel bin.

Campers will usually meet outside for another round of sunscreen before the end-of-day activities. These activities may include time at the playground, sand volleyball, tennis, pickleball, gym activities, or games in the camp room.

END OF THE DAY

Our campfire time marks the conclusion of our busy camp day. Campers will gather in their small groups with counselors to reflect on the day, sharing what they enjoyed most or choosing to "pass" and listen to others share. We hope that campers will share highlights of their day with you as well.

At 4 p.m., campers will be at the picnic area where parents can check in with the camp counselor before campers are signed out for the day. This is a very important process, and we require each parent to bring a photo ID for verification at check-out time.

If the weather is unfavorable (e.g., stormy, excessively hot, or too cold), campers will be indoors for pick-up. We will communicate any changes via Team Reach. If you arrive and are unsure of where to go for camp pick-up, please call or stop by the service desk, and the attendant will radio the camp for our location.

This is a typical overview of a day at MAC camp. While we cannot share every adventure, meaningful moment, and team-building experience that occurs each day throughout the summer, we can assure you that there will be plenty!!

SWIM LESSONS

This summer, we are offering private swim lessons that can be scheduled directly with one of our swim instructors at the MAC. If you plan on scheduling private lessons in the morning or during the camp day, please let us know.



Regular MAC Camp Hours: Camp operates from 9 a.m. to 4 p.m.

Arriving at Camp in the Morning:

Before Care: Available Monday through Friday from 7:30 a.m. to 9:00 a.m. for \$20 per child, for the week. <u>Pre-registration is required.</u>

Arrival Times:

- If your child arrives between 7:30 a.m. and 8:45 a.m., please take them to the Camp Room for Before Care.

- For arrivals between 8:46 a.m. and 9:15 a.m., campers should check in at the Main or East Gym (the service desk attendant can provide directions).

Late Arrivals:

Parents must check in at the service desk to find out where the camp activities are taking place. The service desk will communicate with camp staff to provide accurate location information, ensuring you don't have to search the large MAC facility.

At the End of the Camp Day (4 p.m.):

Camp concludes at 4:00 p.m. each day.

Aftercare:

Available Monday through Friday from 4:00 p.m. to 6:00 p.m. for a fee of \$10 per child per day. Please notify us in advance if your camper will require aftercare.

Aftercare Policy: Campers who are not signed out by 4:10 p.m. will automatically be checked into aftercare, and MAC accounts will be charged accordingly. Those in aftercare at 5:00 p.m. will be taken indoors to the camp rooms or Kids Klub, located just inside the main entrance of the MAC. Activities available at Kids Klub include crafts, games, electronics, and free play until 6:00 p.m.



Snacks: Please provide plenty of nut-free snacks for campers, particularly those in aftercare, as they often get hungry. We aim for morning snack time at 10 a.m. and afternoon snack at about 3 p.m.

Lunch is included in the cost of each day of camp. A weekly menu and order form will be emailed before the first day of camp.

Campers can choose from the following options:

- Mac and cheese
- Grilled cheese
- Burger or cheeseburger
- Chicken tenders
- Rice Bowls
- On Fridays, we serve pizza and salad

Each lunch will come with a side of vegetables or fruit and chips.

Please inform us if your camper has any dietary restrictions. If your camper prefers to bring lunch from home, kindly ensure that it does not include any nut products.

What to Pack for MAC Camp Every Day

- Personal Items: Every camper needs a <u>backpack or other durable tote bag</u> to keep their belongings together while moving throughout the MAC. It's essential for keeping track of your things!
- **Comfort**: Wear your <u>gym shoes</u> and dress appropriately and comfortably for the weather. Be prepared for any activity!
- Fuel: Bring nut-free <u>snacks</u> to keep your energy up throughout the day.
 <u>A refillable water bottle is crucial</u>—stay hydrated!
- **Great Outdoors**: Don't forget your <u>sunscreen and swim gear</u>, including your swimsuit and goggles if needed. Be ready for fun in the sun!
- Unplugged: During camp hours, all cell phones and gaming devices must be put away. Embracing
 a tech-free environment allows campers to reduce distractions and fully engage with their
 surroundings, peers, and activities. However, if you're using before or after care services, feel free
 to use your electronics during those times.

*Valuable items like special stuffed animals, trading cards, and cherished toys should be kept safe at home. It is highly recommended that clothing and all other items be labeled.



Walking Field Trips

Hey MAC Campers! We're excited to announce that you'll have the opportunity to join us for walking field trips to the Ice Cube (formerly Suburban Ice) for some fun ice skating on most Fridays!

We will enjoy our pizza and salad lunch together at the picnic tables before walking over to the Ice Cube. We plan to arrive around 12:20 PM, allowing time to get our skates on. Camp has the ice reserved for about an hour, and we'll return to the MAC before 2:00 PM.

To participate, each camper needs a signed permission form, which is included in the Participation Agreement and Waiver. Additionally, Ice Cube has a separate permission slip/waiver that can be filled out online or picked up at camp.

Our amazing camp team will walk with you to and from the Ice Cube, helping you find the right size skates, lacing them up, and assisting when you're done. We will have counselors in the lobby and on the ice to ensure everyone's safety. Remember, you cannot join the skating without a "green light" from your parents. We're looking forward to a fantastic time on the ice!

On ice-skating days, the camp team will send reminders to pack warm clothing and long socks. We also strongly recommend wearing a properly fitted multi-sport helmet.

MAC Camp Communication App



We will send camp updates through the Team Reach app. These updates may include reminders about special events, items that campers need to bring each day, changes in drop-off or pick-up locations, and more.

To join, look for "MAC Camp 2025" on Team Reach and use the group code: Maccamp2025.

Important Numbers to Know

- MAC Service Desk (main number) 571-364-8888
- Concierge Desk (program registration/cancellation) 517-364-8800
- Pool Pavilion Service Desk (at pool entrance)
 517-364-8880
- Kids Klub (child care and camp after care) 517-364-8809

• Jen Gabriel, Camp Supervisor

517-364-8861

jgabriel@themac.org



Before Camp To-Do List

The camp registration forms must be submitted by May 23rd to give our team enough time to review this important information. Please use the following link to access the electronic forms.

- Participation Agreement and Waiver includes walking fieldtrips permission form
- Media and Photo Release
- Permission to Apply Sunscreen
- Code of Conduct with Agreement
- Pick-up Authorization Form
- Health History
- Get the Team Reach App

• Please check your MAC account to ensure that your member profile includes the recent pictures of parents and campers. Additionally, verify that your email address is correct and listed as your child's email on their profile. This will ensure you receive any important emails generated through the MAC Member Portal regarding the programs in which your children are registered.

**Important – If you're designating a non-MAC member as an authorized pick-up person, ensure they create a guest profile using the QR code below. It's essential that everyone, including those entering the MAC at the pool entrance, stops at the desk to check in with a team member. **

Link to create guest account

https://www.ourclublogin.com/login/510726

Thank you so much for your support! We truly appreciate it and we're looking forward to this summer at MAC Camp. We can't wait to enjoy this amazing experience together!

