Colorectal Cancer Information Guide

This guide provides links and references to reliable and current information sources on colorectal (colon) cancer in women and men for patients, families, and caregivers. Valuable information may also be found at your local public library. Always consult/share with your healthcare professional regarding any information identified.

Online Resources

Whether you or a loved one are worried about getting colorectal cancer, have just been diagnosed, are going through colorectal cancer treatment, or are trying to stay well after treatment, this detailed information can help you find the answers you need.

Centers for Disease Control and Prevention - https://www.cdc.gov/cancer/colorectal/
Learn what colorectal cancer is, how to lower your risk and about symptoms, risk factors and screening tests for colorectal cancer.

Colorectal Cancer Alliance - https://www.ccalliance.org/
Patients, family members and caregivers, survivors, and research and clinical professionals dedicated to ending colorectal cancer in our lifetime use this site to find news, information and the answers needed to keep advancing research, treatments and prevention.

- Colorectal cancer is cancer that starts in the large intestine (colon) or the rectum (end of the colon). It is also sometimes simply called colon cancer.

Colorectal Cancer Screening Tests - https://medlineplus.gov/lab-tests/colorectal-cancer-screening-tests/ - Colorectal cancer screening tests check for signs of colorectal cancer. Colorectal cancer is a type of cancer that affects the colon or rectum. The colon makes up most of the large intestine.

Michigan Colorectal Cancer Control Program (MI CRCCP) - https://www.michigan.gov/mdhhs/keep-mi-healthy/chronicdiseases/cancer/michigan-colorectal-cancer-control-program

National Cancer Institute - https://www.cancer.gov/types/colorectal
Colorectal cancer often begins as a growth called a polyp inside the colon or rectum. Finding and removing polyps can prevent colorectal cancer. Explore the links on this page to learn more about colorectal cancer prevention, screening, treatment, statistics, research, clinical trials, and more.

Calling out colorectal cancer. How to check for this disease and what to expect if you have it.
Libraries in the University of Michigan Health-Sparrow Region

Libraries can be a great source of information. Most Michigan libraries participate in interlibrary lending. If a specific book is unavailable from your local library, always ask if a book can be borrowed from other libraries.

**Carson City:**
- Carson City Public Library, 102 W. Main St., (989) 584-3680

**Charlotte:**
- Charlotte Community Library, 226 S. Bostwick St., (517) 543-8859

**East Lansing:**
- East Lansing Public Library, 950 Abbot Road, (517) 351-2420

**Holt:**
- Holt-Delhi Branch, 2078 Aurelius Road, (517) 694-9351

**Ionia:**
- Ionia Community Library, 126 E. Main St., (616) 527-3680

**Lansing:**
- Capital Area District Library, 401 S. Capitol Ave., (517) 367-6300
- Delta Township District Library, 5130 Davenport Dr., (517) 321-4014
- Foster Branch, 200 N. Foster Ave., (517) 485-5185
- South Lansing Branch, 3500 S. Cedar St., Ste. 108, (517) 272-9840

**Mason:**
- Aurelius Branch, 1939 S. Aurelius Road, (517) 628-3743
- Mason Branch, 145 W. Ash St., (517) 676-9088

**St. Johns:**
- Briggs Public Library, 108 E. Railroad St., (989) 224-4702

**Disclaimer:** This document contains information and instructional materials identified by UM Health-Sparrow for the typical patient with your condition. It may include links to online content not created by UM Health-Sparrow and for which UM Health-Sparrow does not assume responsibility. It does not replace medical advice from your healthcare provider because your experience may differ from that of the typical patient. Talk to your healthcare provider if you have any questions about this document, your condition, or your treatment plan.

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Last revised 05/2024